



ST CHRISTOPHERS SCHOOL LUNCH MENU FOR TERM 1. 05/09/2022 - 21/10/2022

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1						
WEEK BEGINNING		SAUSAGE ROLL JACKET POTATO & BAKED BEANS	SWEET & SOUR CHICKEN RICE & CARROTS	PASTA BOLOGNESE GARLIC BREAD & BROCCOLI	CHICKEN FILLET POTATOES, MIXED VEG & GRAVY	BREADED FISH OVEN CHIPS & PEAS
TERM 1 05/09/22 26/09/22 17/10/22	MAIN MEAL					
	DESSERT	✔ YOGHURT or FRESH FRUIT	✔ YOGHURT or FRESH FRUIT	✔ YOGHURT or FRESH FRUIT	✔ YOGHURT or FRESH FRUIT	✔ COOKIE ASSORTED FLAVOURS
WEEK 2						
WEEK BEGINNING		BEEF GRILLS HASSELBACK POTATOES & BAKED BEANS	STICKY BBQ CHICKEN RICE, FLATBREAD & SWEETCORN	CHEESY PASTA BAKE GARLIC BREAD & BROCCOLI	SLICED TURKEY POTATOES, MIXED VEG & GRAVY	FISH STARS OVEN CHIPS & PEAS
TERM 1 12/09/22 03/10/22	MAIN MEAL					
	DESSERT	✔ YOGHURT or FRESH FRUIT	✔ YOGHURT or FRESH FRUIT	✔ YOGHURT or FRESH FRUIT	✔ YOGHURT or FRESH FRUIT	✔ H/M MUFFINS ASSORTED FLAVOURS
WEEK 3						
WEEK BEGINNING		FISH GOUJONS JACKET POTATO & BAKED BEANS	CHICKEN KORMA RICE & CAULIFLOWER	MEATBALLS IN TOMATO SAUCE PASTA & CARROTS	BEEF PASTY POTATOES CARROTS & GRAVY	PEPPERONI PIZZA OVEN CHIPS & COLESLAW
TERM 1 19/09/22 10/10/22	MAIN MEAL					
	DESSERT	✔ YOGHURT or FRESH FRUIT	✔ YOGHURT or FRESH FRUIT	✔ YOGHURT or FRESH FRUIT	✔ YOGHURT or FRESH FRUIT	✔ FUDGE BROWNIE

VEGETARIAN AND PLANTBASED MEALS ARE CATERED FOR, THESE WILL BE AS CLOSE AS POSSIBLE TO THE MAIN MENU.

FOR FOOD ALLERGIES AND INTOLERANCES ARE CATERED FOR. PLEASE NOTE: WE ARE NOT A FREE FROM KITCHEN ALTHOUGH EVERY CARE IS TAKEN TO PREVENT CONTAMINATION. WE CAN NOT GUARANTEE THE MEAL WILL BE 100% ALLERGEN FREE. THESE MEALS WILL BE AS CLOSE TO THE MAIN MENU AS POSSIBLE, TAKING INTO ACCOUNT THE SPECIFIC DIETARY REQUIERMENT.

✔ = VEGETARIAN